

Youth Sports League of Redwood City By-Laws

The Youth Sports League of Redwood City provides recreational sports programs that encourage good sportsmanship, teamwork, a positive attitude and mutual respect to build a strong community within Redwood City. We promote life skills development by providing a safe place for youth to engage in physical activity that develops their talents and self-esteem.

General Rules

- 1. Jurisdiction:** Per agreement, the following agencies are responsible for the registration, organization, equipment, insurance, uniforms, and coaches for the following Redwood City schools participating in the Youth Sports League of Redwood City:

Sheriffs Activities League (SAL): Garfield, Fair Oaks, & Clifford School

Boys & Girls Club of the Peninsula (B&G): Hoover School

Police Activities League/Parks & Recreation (PAL/P&R): Adelante, Roy Cloud, Henry Ford, John Gill, Hawes, Kennedy, McKinley, North Star, Orion, Roosevelt, Selby Lane and Taft.

- 2. Youth Provider Meetings:** All agencies will meet a minimum of once a month throughout the school year to discuss policy, leagues, rules and any other issues.
- 3. League Coordination:** The agencies below are responsible for the coordination and expense of the following leagues, including, but not limited to scheduling, facilities, awards, coaches meeting, officials, and supplies:

Sheriffs Activities League:	Fall:	Street Hockey (4 th /5 th Grade Co-ed)
	Winter:	Soccer (4 th /5 th Grade Girls)
	Spring:	Soccer (6 th -8 th Grade Boys)
		Soccer (6 th -8 th Grade Girls)
		Soccer (4 th &5 th Grade Boys)

Police Activities League/ Parks & Recreation	Fall:	Flag Football (6-8 th Grade Co-ed)
		Volleyball (4 th -8 th Grade Girls)
	Winter:	Basketball (4 th /5 th Grade Boys)
		Basketball (4 th /5 th Grade Girls)
		Basketball (6 th -8 th Grade Boys)
		Basketball (6 th -8 th Grade Girls)
Spring:	Jr. Dribblers (2 nd -3 rd Grade Co-ed)	
Summer:	Jr. Giants (T-Ball 5-7/8-10 machine pitch) (Co-ed)	

- 4. Persons Subject to League Rules:** All teams, coaches, individual players, parents, spectators and all other individuals participating in this League or attending League games are subject to the rules of the League and disciplinary action for violation of League rules and/or conduct detrimental to the game, the League, or to the playing experience of other players, coaches and spectators.
- 5. Insurance:** Each agency will be responsible for appropriate insurance associated with the participation of the youth from their jurisdiction in the Youth Sports League of Redwood City.

6. Registration & Fees: Each agency is responsible for the coordination, distribution, and collection of all registration forms for their respective schools. All registration forms must be signed by a parent/guardian and kept by each agency. The registration fee to participate will be determined by each agency for the participants in their jurisdiction and each agency will keep any and all money collected through their registration process.

Registration Fee Refund Policy will be set by each individual agency.

7. Rainouts/Cancellations: Games will only be rescheduled to due facility, field, or weather issues. All games to be rescheduled will be at the discretion of the League Coordinator.

8. Academic Eligibility: We strongly encourage strong academic standing and behavior standards of all our participants at the school they attend. We will be working with the Redwood City School District to establish a more formal academic policy in the future that will balance the importance of education with our mission as a youth sports league.

9. Protests: There are no protests of games for the Youth League of Redwood City. The referee/official's decisions will be final concerning rules of the game, control of players, conduct of coach's spectators, and all other matters concerning the playing field or court.

10. Field Usage Permits: Permits are issued by the Parks and Recreation Department in collaboration with the Redwood City Unified School District. When necessary, coaches will be given permits as proof of field priority.

11. Awards: Playoffs teams will be recognized for their achievement at the end of all championship games and consolations games (if played.) 1st and 2nd place trophies (3rd place if necessary) will be the same size throughout the leagues.

Street Hockey 1st-3rd Place
Volleyball 1st/2nd Place

Soccer 1st-3rd Place
Flag Football 1st/2nd place

Basketball 1st/2nd Place

12. Transportation: Transportation to and from games or practice are the students and parents responsibility. Schools part of Park and Recreation coordinated after school programs may be able to help provide transportation as long as the student is registered in the after school program.

13. Myrecsports.com: All league schedules and the maintenance of league standings will be placed online at myrecsports.com prior to the start of the season and will be maintained throughout the season.

14. Season Format: All Leagues will have set game days (i.e. Monday/Wednesday, etc.) that will be publicized on registration flyers. Make-up days due to weather or unforeseen issues will be re-scheduled based on facility availability. Each season will be a minimum of 6 games and a maximum of 8. There will be a minimum of one round of playoffs and a championship game. All games scores must reported to the League Coordinator weekly. The only exception will be due to limited facility availability. Each school will travel to balance out the home field advantage when appropriate.

15. Scheduling Requests: All scheduling requests must be submitted to the League Coordinator before the deadline that is set. All reasonable requests will be accommodated to the best of the ability of the scheduler.

16. Facility/Field Requirements:

- A. PAL/Parks and Recreation Department will be in charge of scheduling the facilities at Kennedy Middle School, McKinley Institute of Technology and Boys & Girls Club of the Peninsula, Hawes Field, and Red Morton Community Center for Flag Football, Basketball, and Volleyball.
- B. The Sheriffs' Activities League will be in charge of Scheduling Hoover School, Fair Oaks, Kennedy, McKinley and Hawes School for Street Hockey and Soccer.
- C. The Boys and Girls Club of the Peninsula will allow the use of their facility for 2 days per week during Basketball and Volleyball Season if needed.

17. Picture Days: Each league coordinator will schedule a picture day for their kids in the sports that they coordinate. Free team plaques will be given to coaches as a sign of appreciation.

Uniforms/Equipment

Uniforms/Equipment: Each agency is responsible for the purchase, storage, and collection (if necessary) of all uniforms and equipment for their participants and teams. All uniforms must meet the following requirements (by sport):

No Player Names are allowed on Uniforms. All participants must wear jersey provided.

A. Flag Football

- 1. Uniform will consist of a "Football Practice Jersey"
- 2. School Name on jersey front
- 3. 6 inch number on the back
- 4. Agency Logo (Location decided by agency.)
- 5. No use of the numbers 13 or 14
- 6. Jersey Colors
 - Kennedy Green
 - Roy Cloud Gold
 - North Star Navy
 - McKinley Purple
 - Selby Lane Royal Blue
 - B & G White
 - Garfield Gray
 - Clifford Black

B. Girls' Volleyball

1. School Name on jersey front
2. 4 inch number of front. (minimum)
3. 6 inch number on the back
4. Agency Logo (Location decided by agency.)
5. No use of the numbers 13 or 14

C. Street Hockey

1. Uniform will consist of a "Hockey Practice Jersey"
2. School Name on jersey front
3. 6 inch number on the back
4. Agency Logo (Location decided by agency.)
5. No use of the numbers 13 or 14
6. Jersey Colors
 - Fair Oaks White
 - Garfield Maroon
 - B & G Light Blue

PAL/P & R will use other colors based on number of teams.

D. Basketball

1. Uniform will consist a Reversible Basketball Jersey
2. School Name on jersey front
3. 4 inch number of front. (minimum)
4. 6 inch number on the back
5. Agency Logo (Location decided by agency.)
6. No use of the numbers 13 or 14.

E. Soccer

1. Uniform will consist of a Jersey, Shorts, & Socks
2. School Name on jersey front
3. 6 inch number on the back
4. Agency Logo (Location decided by agency.)
5. No use of the numbers 13 or 14
6. Jersey Colors
 - Fair Oaks White & Navy
 - Garfield Silver & Burgundy
 - B & G Light Blue & Orange
 - McKinley Purple
 - Selby Lane Royal Blue
 - Kennedy Forest Green
 - Roy Cloud Gold
 - Garfield Navy
 - Clifford White (w/royal)

Other colors will be used when necessary.

Participants Guidelines

Participant Eligibility Guidelines:

- A. Any student attending public or private school within Redwood City and/or the Redwood City School District is eligible to participate in the Redwood City Sports League. Participants that live outside of Redwood City may participate if there is space available.
- B. All Youth must have a signed registration form turned into their agency prior to participation in any sport.
- C. **Participants must play for the school which they attend.** If their school is unable to field a team, they will be put on another team based on the discretion of the League Coordinator.
- D. All participants are guaranteed playing time (please refer to league specific rules for minimum playing time requirements.) Missing practice and disciplinary issues can result in loss of guaranteed playing time.
- E. A player may be added to a team prior to the 2nd league game.
- F. Players wearing cast, splints, jewelry or any other thing which is a danger to another player shall not be eligible to participate in any league games.

Coaches, Parents/Spectators, & Officials

Coaching Requirement/Expectations:

- A. **Fingerprinting:** All new and returning coaches must be fingerprinted to be eligible to coach. Each agency is responsible for any cost associated with that process. Offenses that will make a coach ineligible include conviction of any sex-related crime. Eligibility to coach with misdemeanor convictions will be determined by the Youth Provider Group.
- B. **Coaches Training:** All new and returning coaches must attend the coaches training program prior to the start of their season. Coaches are only required to attend one training per school year.
- C. **Coaches Meeting:** All new and returning coaches must attend the Mandatory Coaches Meeting prior to the start of the season. Any coach not attending must make arrangements with their agency to fulfill all requirements prior to the start of the season. The coaches meeting will cover rules, coach's code of conduct, parent/spectator code of conduct, scheduling and expectations.

- D. **Coaches Conduct Form:** **All coaches are required to read and sign a Coaches Conduct form prior to the start of the season.** Coaches will be held to the agreed upon standards and if in violation of those standards are subject to ejection, suspension, and removal as coach per the discipline policy.
- E. **Appropriate Conduct:** At no time is a coach to use profanity or make any derogatory, insulting, abusive or offensive remarks to referees, players, or spectators. If a coach is found in violation of the Code of Contact he/she is subject to ejection, suspension, and/or removal as coach per the League Disciplinary Policy.
- F. **Coach Responsible for Conduct of Spectators:** Coaches are responsible for the good conduct of parents and spectators supporting their team. If, in the opinion of official, the coach has failed to control his or her sideline/bench or team parents or spectators the official can reprimand the coach in the form of technical fouls, warning, yellow or red card.

Parents/Guardians Requirements:

- A. **Any Parent/Guardian who registers his child is required to read and sign a Parent Code of Conduct Form.** No child will be allowed to participate without a completed form.
- B. A Conduct form will be posted at all facilities and fields to remind all those in attendance of the purpose of our league and the behavior expectations of spectators.
- C. Parents/Guardians/Spectators who exhibit behavior that is threatening, derogatory, or abusive to players, referees, coaches, or staff will be asked to leave subject to league sanctions, including ejection from the facility and prohibited from attending future games.

Spectator Code of Conduct& Location:

- A. Spectators must be seated in the appropriate area at all times. Only the coach (es) and players are allowed to be on the bench or sideline. When possible, the scorekeeper and benches will be opposite spectator seating or cheering area. All soccer teams will be on opposite sides of the field from the spectators.
- B. Spectators may not coach or provide direction to their child. Positive cheering for both teams and encouragement are encouraged.
- C. Spectators may not disagree, question or criticize the referee. This rule applies even if the Referee makes a mistake. Spectators, if their behavior is threatening, derogatory, or abusive to the coach, players, referee, or staff, may be asked to leave and subject to league sanctions, including ejection from the facility and prohibited from attending future games.

Officials: The referee or official's decisions will be final concerning rules of the game, control of players, conduct of coach's spectators, and all other matters concerning the playing field or court. Referees are encouraged to explain infractions or rule violations. The explanation should be addressed to both teams. Many first time coaches will not know the pertinent rules and the referee/official should explain the rule if requested.

Team Formation/Playing Time Rules

Team Formation:

- A. All teams will be school based. Participants must play for the school they attend and can only be placed on a different team with approval of League Coordinator.
- B. **Balanced Teams:** Schools with enough participants to have multiple teams must divide their teams based on talent. Friendships, carpools, and previous commitments, etc. will be secondary when determining the roster for each team. A roster must be submitted to the League Coordinator prior to the first league game. There are no "A" or "B" teams. Coaches should practice with all players for a minimum of 3 practices then select their team by Draft format.
- C. **Consequences for "Stacked" or "Unbalanced" Teams:** When possible school with multiple teams will play each other the first game of the season to determine if teams were divided appropriately. If a team appears to be "stacked", the League Coordinator has the authority to redistribute the players so that the teams are balanced. If this occurs, both teams will be awarded a loss for that game.
- D. Participants must play for the team in their grade level, unless grades are combined due to lack of players by the League Coordinator. 4th/5th graders will not be allowed to play on any middle school team.

Minimum Playing Time: Each sport will have a minimum playing time requirement to promote the mission of our league. Minimum playing time will be recorded by the coach, scorekeeper or referee (depending on the sport) to ensure that all coaches and players are following the requirement. The only exception to this rule is if a player is injured or sitting out due to disciplinary reasons. If a player is not playing due to disciplinary reasons, the player be on the bench or sideline, but must be out of uniform.

Discipline Policy

Violation of Rules and Disciplinary Action: All teams, coaches, individual players, parents, spectators and all other individuals participating in this League or attending League games are subject to the rules of the League and disciplinary action for violation of League rules and/or conduct detrimental to the game, the League, or to the playing experience of other players, coaches and spectators. The following are recommended consequences to the listed violations. The Youth Providers have the ultimate say and discretion to the extent at which consequences are applied.

Violation of League rules by any team or person will constitute grounds for disciplinary action by the League which may include suspension, expulsion, awarding losses, or any other measure the League deems appropriate. The consequences are not limited to the violations listed below and can apply to any and all actions deemed inappropriate and detrimental to the League and its participants.

- A. **Minimum Playing Time** will be monitored by the referee, scorekeeper or coach depending on the sport. The player must participate in the minimum amount of time required. The only exceptions are if a player is being disciplined for failing to attend or participate in practice, violation of team rule, or injury. The scorekeeper, referee, or opposing coach must be notified if a player will be sitting on the bench but not participating in the game. If the coach chooses to put the player in the game, the player must play the minimum amount of time required. Any intentional or flagrant violation of this rule will result in a loss to the team and the coach shall be suspended for a minimum of one game. Any further violation will result in suspension or removal as coach.
- B. **Ejection:** Any coach ejected from a game is subject to a minimum one game suspension. The League Coordinator has the authority to determine the length of the suspension based on the severity of coach's actions that resulted in the ejection. **A coach that has been suspended is not allowed to be in the facility during any league game in which his/her team is playing for the length of the suspension.**
- C. **Illegal players:** If a team attempts to play or plays a player that is not on their roster, has not completed the registration process, or is not otherwise eligible, the coach will be suspended for a minimum of one game and the team will be awarded a loss.

School Suspensions: All school suspensions will be upheld by the Youth Sports League of Redwood City. Any participant suspended from school for disciplinary reasons, if brought to our attention in a timely manner, will not be allowed to participate in league games in sports programs for the duration of their suspension. Any practice participation will be left up to the parent and coach to decide.

By-Laws Revision

The By-Laws will be reviewed at the end of each school year and be revised when necessary. If applicable, those changes will also be made to the Youth Provider Agreement. The Youth Provider Agreement will be signed each year to ensure that all parties are in agreement.