

**THE SHERIFF'S ACTIVITIES LEAGUE (SAL) OF SAN MATEO COUNTY
THE REDWOOD CITY POLICE ACTIVITIES LEAGUE (PAL)
THE BOYS AND GIRLS CLUB OF THE PENINSULA (BGCP)
AND BELMONT'S CHARLES ARMSTRONG
2009-10 STREET HOCKEY RULES**



AGE: ONLY 4TH AND 5TH GRADE STUDENTS ARE ELIGIBLE.

STICKS: ONLY WOODEN STICKS WITH PLASTIC BLADES ARE LEGAL.

HOCKEY STICK BLADES: THEY MUST NOT BE BENT MORE THAN A REGULATION FRANKLIN STICK. FAILURE TO FOLLOW GUIDELINE WILL RESULT IN PENALTY, THEN REMOVAL OF GAME.

REFEREES WILL NEED TO CHECK BLADES BEFORE GAMES BEGIN.

CLOCK: THREE 15-MINUTE PERIODS / 3-MINUTE BREAK IN BETWEEN.

STOPPAGE: WHISTLE FOR OUT OF BOUNDS, PENALTY, GOAL OR INJURY.

TIME-OUTS: EACH TEAM IS ALLOWED ONE 2 MINUTE TIME-OUT PER GAME.

LINE CHANGES: EVERY FIVE MINUTES WHEN THERE IS A STOPPAGE OF PLAY.

TIME OF PENALTIES: ALL MINOR PENALTIES ARE 2-MINUTES; 5-MINUTES FOR MAJORS.

HIGH STICKING: NO STICKS ARE ALLOWED ABOVE THE KNEE (**ONE WARNING ONLY**).

UNSPORTSMANLIKE CONDUCT : FIGHTING, REPEATED OFFENSIVE LANGUAGE, SPITTING, TAUNTING, ETC WILL RESULT IN EJECTION OF THE GAME AND THE LEAGUE.

GOALIES: MUST BE POSITIONED IN FRONT (NOT IN NET) OF GOAL LINE

GOALIE CREASE AREA: NO PLAYERS MAY BE INSIDE THE CREASE EXCEPT THE GOALIE.

GOALS: ANY BALL PAST THE GOAL LINE (EVEN PARTIALLY) WILL BE CONSIDERED A GOAL.

GOALIES MUST BE AWARE OF THEIR BODY POSITION TO PREVENT SHOTS FROM CROSSING LINE.

TIE-BREAKERS: ONE 5 MINUTE SUDDEN-DEATH OVERTIME PERIOD WILL BE PLAYED.

PLAYOFFS TIE-BREAKER: 15 MIN/ 15MIN SUDDEN DEATH THEN SHOOTOUTS 5 VS 5

THROWING BALL: NO THROWING OF THE BALL IS ALLOWED, INCLUDING THE GOALIE.

USE OF HANDS: PLAYERS ARE ALLOWED TO CATCH BALL IF SHOT AT THEIR BODY, BUT MUST IMMEDIATELY DROP IT AFTERWARDS TO RESUME PLAYING.

REPORTING GAME RESULTS: ALL COACHES MUST EMAIL GAME RESULTS TO DIRECTOR.

COACHES, PLAYERS & FANS RESPONSIBILITIES: ALL MUST FOLLOW THE GUIDELINES. NO DISRESPECTFUL BEHAVIOR WILL BE TOLERATED. COACHES MUST CONTROL THEIR PLAYERS.

PENALTIES: HIGH-STICKING, OVER-BENT STICKS, ROUGHING, AND CURSING (**2 MINUTES**).

THE TEAM THAT IS PENALIZED WILL BE SHORTHANDED FOR DURATION OF PENALTY.

KICKING: NO KICKING OF THE HOCKEY BALL IS ALLOWED, STOPPING W/ FOOT IS ALLOWED.

REVIEW OF RULES: RULES AND PURPOSE OF LEAGUE **MUST** BE ADDRESSED BEFORE EACH GAME WITH **ALL** PLAYERS, COACHES AND REFEREES PRESENT.

HANDSHAKE: ALL PLAYERS WILL SHAKE THEIR OPPONENTS' HANDS AT THE COMPLETION OF EACH GAME.

SPITTING ON HANDS WILL RESULT IN IMMEDIATE EXPULSION FROM LEAGUE.

SETTING UP THE EQUIPMENT AT HAWES: BOTH TEAMS NEED TO ARRIVE EARLY TO ASSIST.

BREAKING DOWN THE EQUIPMENT: BOTH TEAMS PLAYING MUST ASSIST WITH THIS RESPONSIBILITY.

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